

# Breast Health/Breast Cancer Services for Renfrew County Residents

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## Ontario Breast Screening Program (OBSP) – Renfrew County

www.cancercare.on.ca

**Arnprior Centre** – Arnprior and District Memorial Hospital – 350 John Street North, Arnprior  
613-623-7962 Ext 359

**Barry's Bay Centre** – St. Francis Memorial Hospital – 7 St. Francis Memorial Drive, Barry's Bay  
(Satellite of Renfrew OBSP)

613-432-4851 or 1-800-916-6277

**Deep River Centre** – Deep River and District Hospital – 117 Banting Drive, Deep River  
(Satellite of Renfrew OBSP)

1-800-916-6277

**Pembroke Centre** – Pembroke Regional Hospital – 705 Mackay Street, Pembroke

613-732-1463 or 1-800-307-7059

**Renfrew Centre** – Renfrew Victoria Hospital – 499 Raglan Street North, Renfrew

613-432-4851 or 1-800-916-6277

- Service offered to Ontario women age 50 and over
- Includes mammography, physical examination of the breasts and information on breast self-examination
- Women can call to make their own appointment or be referred by a physician
- Breast self-examination workshops, educational presentations and displays available upon request

All centres are accredited and affiliates of the OBSP Ottawa Centre – Hampton Park Plaza –

1419 Carling Avenue, Suite 214, Ottawa – 613-728-0777 or 1-800-465-6226

*Women under age 50 may be referred by their Physician/Nurse Practitioner to the Diagnostic Imaging Department of their local hospital*

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## Breast Assessment Programs

**Pembroke Regional Hospital** – affiliated with the Ontario Breast Screening Assessment Initiative  
613-732-4141

**Renfrew Victoria Hospital** – affiliated with the Ontario Breast Screening Assessment Initiative

613-432-4986 or 1-800-865-7713

Comprehensive Breast Assessment programs at the above locations include the following:

- Diagnostic Imaging Services: Mammography; ultrasound of the breast; and core needle biopsy (x-ray or ultrasound guided)
- Comprehensive, timely assessment of breast abnormalities found through screening
- Assistance to health professionals to ensure a coordinated diagnostic work up of breast problems
- Coordination of diagnostic services and presentation of necessary options
- Support and information available through the role of Nurse Navigator

*Women not participating in the Ontario Breast Screening Program/Assessment Initiative will be followed by their Physician/Nurse Practitioner*

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**Canadian Cancer Society, Ontario East Region/ Renfrew County Unit**

1217 Pembroke Street East, Pembroke  
613-735-2571 1-800-255-8873  
www.cancer.ca

***Local  
Services***

- Volunteers available to provide community presentations on cancer risk reduction messages, including breast health and Canadian Cancer Society services
- Breast cancer/breast health information available at our local office
- Connect clients with a survivor or caregiver who knows what it is like to live with breast cancer
- Free wigs, cloth prosthesis and chemo hats available
- Free transportation provided to cancer appointments
- Fundraising opportunities to support Breast Cancer awareness and research

**Canadian Cancer Society Cancer Information Service**

1-888-939-3333

- Confidential, bilingual, toll-free information service of the Canadian Cancer Society
- Questions answered on various aspects of all types of cancer (e.g. prevention, treatment, alternative therapies, support)
- Staffed by caring and qualified information specialists

**Canadian Cancer Society Peer Support**

1-800-263-6750

- Confidential, toll-free telephone cancer support service offered by the Canadian Cancer Society for people diagnosed with cancer and their caregivers. People living with cancer and their caregivers are matched with trained volunteers who have had a similar experience
- Phone support, one-on-one visits, or group support (certain areas only)

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**Renfrew County and District Health Unit**

7 International Drive, Pembroke  
613-735-8666 1-800-267-1097 Ext 666  
www.rcdhu.com

- Provides breast cancer screening presentations, displays, pamphlets and information as requested.
- Refers clients to appropriate community resources (i.e. Ontario Breast Screening Program, Canadian Cancer Society, support groups)
- Collaborates with partners to increase recruitment to breast health screening through the organization of breast health awareness campaigns, community events and the distribution of promotional materials.
- Responds to enquiries via the Health Info line.

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### The Ottawa Hospital Regional Cancer Centre

Civic Campus – 190 Melrose Avenue, Ottawa

General Campus – 503 Smyth Road, Ottawa

1-613-737-7700

[www.ottawahospital.on.ca](http://www.ottawahospital.on.ca)

- Operates two divisions based at the Civic Campus and General Campus of the Ottawa Hospital. Outreach clinics are available at a number of regional hospitals.
- Provides comprehensive cancer care treatment which includes chemotherapy treatment, radiation therapy treatment, follow-ups, consults and other procedures
- Provides a full range of supportive care programs including counselling, support groups, patient education and information
- Provides a wide variety of education programs for health care professionals
- Offers a unique cancer rehabilitation program on site

### Ninon Bourque Patient Resource Library

Cancer Centre, General Campus – Main Floor, 503 Smyth Road, Ottawa

1-613-737-7700 Ext 70107

[www.ottawahospital.on.ca/sc/cancer/library-e.asp](http://www.ottawahospital.on.ca/sc/cancer/library-e.asp)

Monday to Friday

8:30 a.m. – 12:30 p.m.

1:00 p.m. – 3:30 p.m.

- Provides up to date cancer information for cancer patients, their families, and members of the general public

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### Ottawa Regional Women's Breast Health Centre

The Ottawa Hospital – Civic Campus

Grimes Lodge – 5<sup>th</sup> Floor

200 Melrose Avenue, Ottawa

1-613-761-4400

Fax: 1-613-761-4405

- Provides a comprehensive service to women with breast abnormalities and their families and women at higher risk for breast cancer
- Assists health professionals to ensure a coordinated diagnostic work-up of breast problems
- Diagnostic Imaging services, 1-613-761-4808: Mammography; ultrasound of the breast; and core needle biopsy (x-ray or ultrasound guided)
- Coordination of diagnostic services and presentation of necessary options
- Consultation service with surgical staff skilled in diagnosis and treatment of breast disease
- Supportive care services regarding breast health and disease
- Individual, family, and group counselling for those who have received a diagnosis of breast cancer

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**Willow**  
Breast Cancer Support Canada  
20 Victoria Street, 5<sup>th</sup> Floor, Toronto, ON M5C 2N8  
1-888-778-3100                      www.willow.org

Service Hours: Monday to Friday 10 a.m. to 4 p.m. EST

- All of Willow's services and programs are offered free of charge
- Provides information, support and resources for Canadians affected by breast cancer, empowering them to make informed decisions about their diagnosis and treatment options
- Peer Support Program – Speak with trained support personnel whom are breast cancer survivors
- Breast Cancer Support Network Program – Provides the knowledge and tools to start and develop breast cancer support groups through workshops led by survivors
- Resource Services – Customized research and information packages mailed free anywhere in Canada
- Education Program – Presented by breast cancer survivors and available to companies, healthcare professionals, students, and community at large. Teaches individuals to communicate supportively with their friends, families, co-workers and patients affected by cancer